Context, analysis, practice (CAP)

There are three key stages to the model: context, analysis, practice, with an optional fourth stage, evaluation:

Context	The context for the new language is established. This may involve the use of a text (e.g. listening, reading, video), a situation (in the classroom, on the board using pictures, etc.), or the learners (e.g. through a conversation).		
Analysis	Learners notice the new language in the context and they analyse its features (e.g. meaning, form, pronunciation, use, text structure). This may involve teacher-led elicitation, guided discovery, text reconstruction, etc.		
Practice Learners practise using the new language. This may include controlled (e.g. a drill or a gap-fill) and free practice (e.g. a role pl letter or discussion) of the new language, using either speaking or writing activities.			

Evaluation	This can involve teacher feedback to learners on their performance in a speaking activity, or feedback on a text they have produced,	
	including praise, suggestions and correction. Alternatively, learners can self-evaluate or peer-evaluate performances or texts.	

Examples of 'CAP' lessons

CAP Phase	Intermediate (B1) Making arrangements by email	2. Upper intermediate (B2) Telling an anecdote	3. Advanced (C1) Negotiating a business contract
Context	Learners read and evaluate two different emails; one good, the other not good.	Learners listen to a recording of people telling anecdotes from childhood, matching speakers to topics.	Learners watch video of business negotiation from reality TV show; answer comprehension questions.
Analysis	Learners study the structure of the better email, and notice useful expressions and phrases.	Learners analyse tenses used (e.g. past simple, past continuous, etc.) from the tapescript and why.	Learners watch the negotiation again. Make notes on techniques and language used.
Practice	Learners write emails to each other to plan a weekend holiday.	Learners make notes and then tell anecdotes to each other in groups.	Negotiation role-play on similar topic.